

## Friday - Events Schedule

July 5, 2019

### NOTE:

- **Track Events will be held on a rolling schedule** starting at 2:00 PM
- Except where combined events will be held girls first followed by boys

### TRACK EVENTS –2 PM

2000 Meter Steeplechase Finals	Group 5-6 Girls, Group 5-6 Boys
400 Meter Dash Trials	All ages starting with Group 1
4 x 800 Meter Run Finals	Group 3-6 Boys, Girls

### FIELD EVENTS – 1:00 PM

Hammer Throw Group 5 girls / boys	1:00 PM	Long Jump Group 5 girls / boys	1:00 PM
Hammer Throw Group 6 girls / boys		Long Jump Group 6 girls / boys	
Javelin Group 6 girls / boys	1:00 PM		
Javelin Group 5 girls / boys			
Javelin Group 4 girls / boys			

**PLEASE NOTE – We will do a first, second and final call for all events.**

# SAURDAY - Events Schedule

July 6, 2019

## TRACK EVENTS – 8:00 AM

### NOTE:

- **Track Events will be held on a rolling schedule** starting at 8:00 AM
- Except where combined, events will be held girls first followed by boys

1500 Meter Race Walk Finals	Group 2, Group 3	08:00
3000 Meter Race Walk Finals	Group 4 – Group 6	
3000 Meter Run Finals	Group 3 – Group 6	
100 Meter Dash Trials	Group 1 – Group 6	
800 Meter Run Finals	Group 1 – Group 6	
80 Meter Hurdle Trials	Group 3	
100 Meter Hurdle Trials	Group 4 - Group 5-girls, Group 6-girls	
110 Meter Hurdle Trials	Group 5-6 boys	
100 Meter Dash Finals	Group 1 – Group 6	
400 Meter Dash Finals	Group 1 – Group 6	

**PLEASE NOTE – We will do a first, second and final call for our track meet events.**

## FIELD EVENTS - 8:00 AM

Shot Put Group 4 girls / boys	8:00 AM	Long Jump Group 1 girls / boys	8:00 AM
Shot Put Group 3 girls / boys		Triple Jump Group 4 girls / boys	
Shot Put Group 2 girls / boys		Triple Jump Group 5 girls / boys	
Shot Put Group 1 girls / boys		Triple Jump Group 6 girls / boys	
		High Jump Group 6 girls / boys	8:00 AM
Discus Throw Group 5 girls / boys	8:00 AM	High Jump Group 5 girls / boys	
Discus Throw Group 6 girls / boys		High Jump Group 4 girls / boys	
		Pole Vault Group 4 girls	8:00 AM
		Pole Vault Group 5 girls	
		Pole Vault Group 6 girls	

# SUNDAY - Events Schedule

July 7, 2019

## TRACK EVENTS – 8:30 AM

### NOTE:

- **Track Events will be held on a rolling schedule** starting at 8:00 AM
- Except where combined, events will be held girls first followed by boys

200 Meter Dash Trials	Group 1 – Group 6	08:00
1500 Meter Run Finals	Group 1 – Group 6	
200 Meter Hurdle Finals	Group 4	
400 Meter Hurdle Finals	Group 5-6 girls	
400 Meter Hurdle Finals	Group 5-6 boys	
4 x 100 Meter Relay Finals	Group 1 – Group 6	
200 Meter Dash Finals	Group 1 – Group 6	
80 Meter Hurdle Finals	Group 3	
100 Meter Hurdle Finals	Group 4, Group 5-girls, 6-Girls	
110 Meter Hurdle Finals	Group 5-6 boys	
4 x 400 Meter Relay Finals	Group 1 – Group 6	

**PLEASE NOTE – We will do a first, second and final call for our track meet events.**

## FIELD EVENTS - 8:00 AM

Discus Throw Group 4 girls / boys	8:00 AM	Long Jump Group 2 girls / boys	8:00 AM
Discus Throw Group 3 girls / boys		Long Jump Group 3 girls / boys	
		Long Jump Group 4 girls / boys	
Shot Put Group 6 girls / boys	8:00 AM		
Shot Put Group 5 girls / boys		Pole Vault Group 4 boys	8:00 AM
		Pole Vault Group 5 boys	
		Pole Vault Group 6 boys	
450g-Aero- Javelin Group 3 girls / boys	8:00 AM	High Jump Group 3 boys / girls	8:00 AM
300g-Mini Javelin Group 1 girls / boy		High Jump Group 2 boys / girls	
300g-Mini Javelin Group 2 girls / boys			